

Season 2017

Started pre season late January with Fitness training with Mitch Sargent from SNAP Fitness Cessnock.

Numbers were pretty strong all year and we recruited some excellent people who contributed greatly to the team over the course of the season. Injuries took a toll throughout the year as it was a long season but we made it to the end with a close group doing their best

Unfortunate news Langers had brain cancer so unable to participate and ultimately passed away April

Commenced season 2017 away at Griffins on April 8 winning 16 – 12. Finished at Muswellbrook August 26 going down 7 – 41 with an injury depleted squad

Finished the season in 7th position, missing finals by 6 points. Played 16, and we played them all, won 7 drew 1 lost 8. Unfortunately NHRU decided to not play Patron's cup

Highlights for me include; beating Muswellbrook 10 – 7 at home, the effort of the whole squad throughout the year; the continued development of the young fellas in the team; and the fantastic support we get at every home game. As I have said previously I believe we offer the best game day experience in the competition.

Thanks; to Jerome Scarborough for managing the team, and the invitation to coach; to Trish and Steve Charker and Richo for strapping and game day assistance; to the committee for continued support of the team; players for putting in the hard yards all year; supporters for cheering each week

Mick Doody